

Elements Lounge

Light Bites

BREAD & OLIVES 🌾	14
sourdough focaccia, warm olives with candied orange, olive oil	
PEA & MINT SOUP GFO 🌾 🥛	16
smoked ham hock, sour cream, croutons	
HEIRLOOM TOMATOES 🥛	20
gooseberries, pickled shallot, garlic-marinated cheese curd, elderberry	
NORDIC CARPACCIO 🥛	23
juniper cured Albertian Beef, anchovy emulsion, wild mushroom, caper	
HAIDA GWAI ALBACORE TUNA	25
cured over Himalayan pink salt, nori emulsion, sesame, pickled seaweed	

🥛 = CONTAINS DAIRY

🥚 = CONTAINS EGGS

🌱 = VEGAN

🌾 = CONTAINS GLUTEN

PLEASE INFORM YOUR SERVER OF ANY ALLERGIES. WHILE WE TAKE EVERY PRECAUTION, WE CANNOT GUARANTEE A COMPLETELY ALLERGEN-FREE ENVIRONMENT.

18% SERVICE CHARGE WILL BE AUTOMATICALLY ADDED TO EACH BILL

SMOKED SALMON OPEN SANDWICH 🌿 🥛	22
mustard dill cream, cold smoked Atlantic salmon, capers, red onion, toasted sourdough	
POWER BOWL 🌿	22
avocado, roasted squash, hummus, fermented spicy cabbage, greens	
ADD PROTEIN: ahi tuna or herb marinated chicken +12	
CHEESE & CHARCUTERIE PLATE 🌿 🥛	38
selection of cured meats & cheese	

Sweets

STRAWBERRY & ELDERFLOWER FOOL 🥛 🍷	14
strawberry compote, elderflower, chantilly cream, meringue	
HONEYDEW POPSICLE 🥛	12
white chocolate ganache, honeydew gel, compressed melon	
CHOCOLATE TORTE 🥛 🍷	16
flourless, 65% dark chocolate, orange compote	

EATING RAW OR LIGHTLY COOKED FOODS OF ANIMAL ORIGIN MAY INCREASE YOUR RISK OF FOOD POISONING.

Elements

Special Cocktails 2oz

PEAR AND PINE	18	TWILIGHT	18
<i>sour</i> rosemary vodka, pear, elderflower, egg white		<i>sangria</i> rosé, Aperol, blood orange, passionfruit	
ZEN COLADA	18	GLACIER	18
<i>iced pina colada</i> coconut, lemongrass, mint, rum blend		<i>mojito</i> vodka, cucumber, mint, lime	
FOREST FLOOR	20	DRAGON BLOSSOM	18
<i>old fashioned</i> orange + vanilla infused maple, house bitters		<i>margarita</i> lime leaf tequila, dragonfruit, lychee	
STILLWATER	18	BLOOM	18
<i>martini</i> gin, dill oil, vermouth, cucumber		<i>mule</i> tequila, pomegranate, basil, ginger	

Canned Cocktails

VODKA PINEAPPLE	10
<i>Drink Highlight 5.7 % 355 ml</i>	
VODKA PASSIONFRUIT	10
<i>Drink Highlight 5.7 % 355 ml</i>	
PROBLEM BEAR RHUBARB SPRITZ	10
<i>Wild Life 5 % 355 ml</i>	
THIRSTY COUGAR GIN MARGARITA	10
<i>Wild Life 5 % 355 ml</i>	
LET'R BUCK WILD MULE	10
<i>Wild Life 5 % 355 ml</i>	
SHAFT	10
<i>ByHendo 6.9 % 355 ml</i>	
PRETTY IN PINK RASPBERRY ROSE PEACH	10
<i>88 Brewing 5 % 355 ml</i>	
NEW WAVE-GRAPEFRUIT LEMONGRASS	10
<i>88 Brewing 4.5 % 355 ml</i>	

Beer On Draft

EVERWILD LAGER	10
<i>Field & Forge 5 % 14 oz</i>	
NIGHT GALLERY-HAZY IPA	10
<i>88 Brewing 5.5 % 14 oz</i>	

Beer and Cider Cans

VIETNAMESE COFFEE-STOUT	11
<i>88 Brewing 6.5 % 473 ml</i>	
IDLE HANDS-PILSNER	8
<i>Annex Ales Project 5.3 % 355 ml</i>	
ROTATING CIDER	11
<i>Core Values 473 ml</i>	
AVILION CIDER	11
<i>Field and Forge 4 % 355 ml</i>	
THE CONDUCTOR-AMBER LAGER	11
<i>Trolley 5.5 % 355 ml</i>	
PRAIRIE FAIRY-BLACKBERRY WHEAT	11
<i>Sea Change 5 % 473 ml</i>	
JUICY RUMOURS-NEIPA	11
<i>Sheepdog Brewery 6.8 % 473 ml</i>	
EVERWILD LAGER	8
<i>Field & Forge 5 % 355 ml</i>	

Zero Proof

CR*FT HAZY IPA	9
<i>Village 0.1 % 473 ml</i>	
STRAIGHT EDGE PALE ALE	9
<i>Sea Change 0.5 % 473 ml</i>	
SILENT FLIGHT RASPBERRY MOJITO	9
<i>Wild Life Distillery 0 % 355 ml</i>	
SASKATOON LEMONADE	5
<i>Annex 0 % 355 ml</i>	
SHAFT	9
<i>ByHendo 0 % 355 ml</i>	
COCONUT WATEER	6
<i>Thirsty BUDDAH 490 ml</i>	
WATER BOTTLE	4
<i>375 ml</i>	

Coffee and Teas

AMERICANO	6
SPECIALTY COFFEES	8
<i>latte, cappuccino, mocha, or flat white</i>	
AFFOGATO	10
<i>Monogram Espresso with vanilla ice cream</i>	
SPECIALTY TEA	6
<i>English breakfast, earl grey, green, chamomile, passion, chai</i>	

Sparkling

	5 oz	8 oz	Bottle
ALTHEA DOCG PROSECCO Glera, Veneto, Italy	16	-	77
DOMAINE ROSIER Cremant de Limoux Rose, Limoux, France	18	-	86
CAN XA CAVA BRUT Brut, Penedes, Spain	-	-	75

White

	5 oz	8 oz	Bottle
POPLAR GROVE CASCADIA Pinot Gris, BC, Canada	16	26	80
TEDESCHI SOAVE Garganega, Veneto, Italy	15	24	77
LIONS DE SUDUIRAUT BLANC Semillon, Sauvignon Blanc, Bordeaux, France	21	35	108
DUPRE BOURGOGNE BLANC Chardonnay, Burgundy, France	17	27	86
EINS ZWEI DRY RIESLING Reisling, Rheingau, Germany	15	24	75

Rosé

5 oz 8 oz Bottle

MONTROSE ROSÉ

Grenache, Syrah, Cinsault,
Languedoc, France

15 24 77

Red

5 oz 8 oz Bottle

CHATEAU LA ROSE VITRAC

Merlot, Cabernet Sauvignon, 2022,
Bordeaux, France

16 25 78

LONGO MONTELPUCIANO D'ABRUZZO

Montepuciano,
Abruzzo, Italy

14 22 67

CULT CABERNET SAUVIGNON

Cabernet Sauvignon,
Rhone Valley, California, USA

16 25 80

LA TENE PINOT NOIR

Pinot Noir,
Auvergne, France

- - 86

HECTOR DURIGUTTI MALBEC

Malbec,
Mendoza, Argentina

- - 72